

Solutions for the Questions Related to Session #5 Regression and Correlation

Study

Forty four males and 44 females were randomly assigned to treadmill workouts which lasted from 306 to 976 seconds. VO₂ Max (maximum O₂ consumption normalized by body weight (ml/kg/min)) was the outcome measure.

Regression Model 1

The following common slope multiple linear regression model was estimated by least squares.

$$E(\text{VO}_2 \text{ Max}_i | X) = \beta_0 + \beta_1(\text{exercise duration}_i) + \beta_2(z_{2,i})$$

where $z_{2,i} = 1$ if the i th participant was male, and 0 if i th participant was female.

Regression Analysis Summary

Table 1. The regression ANOVA table from the multiple regression analysis.

Parameter	DF	SS	MS	F _{observed}
Regression	2	6044.03	3022.02	190.06
Error	84	1335.60	15.90	
Total	86	7379.62		

Table 2. The regression parameter estimates.

Parameter	Estimate b	SE b	t _{observed}
Intercept	-1.360	2.220	
Duration	0.059	0.004	14.75
Gender=male	3.396	1.016	3.34

- 1) Utilize the information from Table 1, to compute the mean square regression (MSR), the mean square error (MSE) and the F-statistic (F_{observed}).

(see Table 1.)

- 2) For a two-sided test with significance level $\alpha=0.05$ we reject H₀: $\beta_1=\beta_2=0$, if $F_{\text{observed}} \geq F_{(2,84,95)} = 3.105$. Do we reject?.

$F_{\text{observed}}=190.06 \geq F_{(2,84,95)}=3.105$ so we should reject H₀: $\beta_1=\beta_2=0$.

- 2) Utilizing the information from Table 1, compute the value of the coefficient of determination (R^2) and give a simple interpretation for the value of R^2 that you calculated.

$$R^2 = SSR/SST = 6044.3/7379.62 = 0.82.$$

The R^2 value of 0.82 suggests that 82.0% of the total variation in VO_2 Max was explained by the independent variables; gender, and treadmill exercise duration (s).

- 4) Utilizing the information from Table 2, compute the t -statistics (t_{observed}) for the regression parameter related to exercise duration and for the regression parameter related to gender=male.

(see Table 2.)

- 5) For a two-sided test with significance level 0.05 we reject $H_0: \beta_1=0$, and $H_0: \beta_2=0$ if $|t_{\text{observed}}| \geq t_{(84, .975)}=1.990$. Do we reject $H_0: \beta_1=0$? Do we reject $H_0: \beta_2=0$?

For the null hypothesis $H_0: \beta_1=0$, $|t_{\text{observed}}| = 14.75 \geq t_{(84, .975)}=1.990$, so we should reject $H_0: \beta_1=0$

For the null hypothesis $H_0: \beta_2=0$, $|t_{\text{observed}}| = 3.75 \geq t_{(84, .975)}=1.990$, so we should reject $H_0: \beta_2=0$

- 6) For females and males, write out the estimated regression equation for predicting VO_2 Max as a linear function of exercise duration.

Female

$$E(VO_2 \text{ Max}_i | X) = -1.360 + 0.059 \text{ ml/kg/min/s (exercise duration}_i \text{ (s))}$$

Male

$$E(VO_2 \text{ Max}_i | X) = 2.036 + 0.059 \text{ ml/kg/min/s (exercise duration}_i \text{ (s))}$$

- 7) What is the expected value of VO_2 Max for a female who spent 450 seconds on the treadmill?. What is the expected value of VO_2 max for a male who spent 450 seconds on the treadmill.

Female

$$E(VO_2 \text{ Max}_i | X) = -1.360 + 0.059 (450) = 25.19 \text{ (ml/kg/min)}$$

Males

$$E(VO_2 \text{ Max}_i | X) = 2.036 + 0.059 (450) = 28.57 \text{ (ml/kg/min)}$$

Regression Model 2

The following separate slopes multiple linear regression model was fit to the same data by least squares.

$$E(\text{VO}_2 \text{ Max}_i | X) = \beta_0 + \beta_1(\text{exercise duration}_i) + \beta_2(z_{2,i}) + \beta_3(z_{2,i} \times \text{exercise duration}_i)$$

where $z_{2,i} = 1$ if the i th participant was male, and 0 if i th participant was female.

Regression Analysis Summary

Table 3. The regression ANOVA table from the multiple regression analysis.

Parameter	DF	SS	MS	F _{observed}
Regression	3	6089.35	2029.12	130.57
Error	83	1290.27	15.54	
Total	86	7379.62		

- 8) Utilize the information in Table 1 and Table 3 to compute the extra-sum of squares F-test for the null hypothesis $H_0: \beta_3 = 0$.

$$F^* = \frac{\frac{SSE_R - SSE_F}{df_R - df_F}}{\frac{SSE_F}{df_F}} = \frac{\frac{1335.60 - 1290.27}{84 - 83}}{\frac{1290.27}{83}} = 2.916$$

- 9) For a two-sided test with significance level 0.05 we reject $H_0: \beta_3=0$, if $F_{\text{observed}} \geq F_{(1,83,95)} = 3.955$. Do we reject?.

$F_{\text{observed}} 2.916 < F_{(1,83,95)} = 3.955$, so we should not reject $H_0: \beta_3=0$.

- 10) We observe from a sample of 44 paired measurements a sample correlation $r=0.35$. Based on this information compute the value of the one-sample t -Test (t_{observed}) for testing the null hypothesis that $\rho = 0$.

$$t_{\text{observed}} = \frac{r(n-2)^{1/2}}{(1-r^2)^{1/2}} = \frac{0.35(44-2)^{1/2}}{(1-0.35^2)^{1/2}} = 2.42$$

- 11) For a two-sided test with significance level $\alpha = 0.05$ we reject $H_0: \rho = 0$ if $|t_{\text{observed}}| \geq t_{(42,0.975)} = 2.08$. Do we reject H_0 ?

$t_{\text{observed}} = 2.42 \geq t_{(42,0.975)} = 2.08$ so we should reject $H_0: \rho = 0$.

