Indicators of Variables:

1. Knowledge of anticipatory guidance
   - ability to answer knowledge questions
2. Reading Practices
   - Frequency and duration
3. Applying knowledge to parenting
   - safety of environment
   - stimulation of environment
   - establishment of routines
   - breastfeeding
   - maternal and child eating habits
   - compliance with number of well-child visits
   - immunization
4. Changes in attitudes and motivation
   - self-reported change
   - seeking and perception of social support
5. Increased quality of parent-child interaction
   - responsiveness
   - positivity
   - interactive exchanges/play
   - reinforcement by child
6. Cognitive-linguistic development
   - receptive and expressive language
   - Bayley subscales
7. Physical development
   - growth curves
   - motor skills
8. Child health
   - immunizations
   - hospitalizations/ER
   - accidents
9. Maternal depression
   - self report
10. Maternal stress
    - self report
11. Maternal self-efficacy
    - self report
12. Child compliance
    - observation
13. Productivity and Quality
    - Ability to work
    - quality of life
14. Moderators
    - Maternal:
      - age
      - income
      - race/ethnicity
      - marital status
      - depression
      - stress
      - social support
      - child temperament
      - health

Figure 1 is a graphic representation of the relationships between the variable in Table 1.